

# Peanuts

# Spring Events

Maternity & Kids

January - April 2015

9 E. FIGUEROA ST, SANTA BARBARA, CALIFORNIA - OPEN DAILY 10AM-5:30PM - WWW.PEANUTVINE.COM - 805-618-1640

## Weekly Classes

### TUESDAYS

**Stretch-n-Grow**  
Toddler Movement  
10:30am

### TUESDAYS

**Prenatal Lunch & Learn**  
Starts Feb. 3d  
12:30-1:30pm

### WEDNESDAYS

**Putnee Music**  
Baby & Toddler  
10:15am  
Baby 11am

### FRIDAYS

**Putnee Music**  
Baby & Toddler  
10:15am  
Baby 11am & 11:45am

### SUNDAYS

**Putnee Music**  
Baby & Toddler  
11:30am

\*See below and back page for class costs & details

## Monthly Special Events

JAN



### Create a Heart Shaped Ceramic Hand or Foot Print

Saturday, Jan. 24th, \$19  
Choose one of four classes

10:15am, 11:00am, 11:45am & 12:30pm

Make the perfect Valentine gift! Come create a hand or foot imprint on a ceramic heart tile and paint and decorate it with the assistance of local ceramic artisan, Armando De La Rocha. All pieces are fired and available later for pickup.

FEB



### Dr. Annie's Workshop on Teething and Dental Health

Thursday, Feb. 5th, 6-7pm, Free

When do baby teeth come in and fall out and what is the best way to establish healthy dental habits for your children? Join local pediatric dentist, Dr. Annie Pham-Cheng, DMD, as she answers these questions and more.

MAR



### Opportunities to Encourage Sharing

Thursday, Mar. 5th, 6-7pm, Free  
"Me" and "Mine" are among the earliest words spoken by toddlers. Sharing, on the other hand, is a social skill that takes time to develop. Join Sunny Crandell, local SBCC Parent Education Instructor & Director of the Oaks Parent-Child Workshop to explore effective parenting strategies that support the development of sharing and turn-taking.

APR



### Taming the Tantrum

Thursday, Apr. 2nd, 6-7pm, Free  
What are tantrums and what do they mean? Join Jen Paul, local Licensed Marriage & Family Therapist, as she gives you tips on how you can turn a tantrum into a teachable moment by responding in a calm way.



### Spring Consignment Drop In

Monday, Mar. 2nd - Sunday Mar. 8th  
Bring in up to 10 items for consideration. See website for guidelines on items we'll be accepting.



### Art Class with The Waldorf School Making Kites & Wind Catchers

Saturday, Apr 11th, 10:30am, \$10 child  
Come make kites and wind catchers with us. Then go fly them at the 30th annual SB kite festival the next day! Kathy Neely, with the Waldorf School, will walk us through 2 simple designs for children of all ages.



### B.U.N.S. - Meet the Bunnies

Saturday, Mar. 28th, Time TBD  
Come meet B.U.N.S. bunnies & guinea pigs and learn how to properly care for our furry friends.

# Now Playing at Peanuts!



## Stretch-n-Grow Movement

**Tuesdays, 10:30am, 45 minutes (18m - 4 yrs)**  
**\$10/class or \$80/10 classes**

A wonderful outlet for your child's natural energy. Kids get to hop, crawl, and balance through obstacle courses developing gross motor skills and expanding their cognitive development. They also learn about their muscles and healthy life habits. Imaginative stories are choreographed to movement routines and music for a fun fitness adventure!



## Prenatal Lunch & Learns

**Thursdays, 12:30-1:30 (Starts Feb. 3d)**  
**\$7/class or \$25/5 class pack**

Expectant parents are encouraged to bring their lunch and curiosity. Each class will have a discussion theme and end with open Q&A. It's a wonderful opportunity to meet other expecting parents, have your questions about pregnancy, birth and newborns answered and explore topics to support a gratifying birth experiences. Topics will include: Partner Massage for Childbirth, Creating Your Amazing Birth Plan, What to Pack in Your Birth Bag, Meditation for Birth, and Essential Oils for Pregnancy, Childbirth & Newborns. Please join us! The class will provide an opportunity to begin friendships with others embarking on a similar life journey. Hosted by Saralynn Finn & Grace Bueti Malloy, two lovely full spectrum birth doulas & midwife assistants.

## Putnee Music



**Wednesdays**  
**10:15am - Baby & Toddler (0-4yrs)**  
**11am - Baby (0-24m)**

**Fridays**  
**10:15am - Baby & Toddler (0-4yrs)**  
**11am & 11:45am - Baby (0-24m)**

**Sundays**  
**11:30am - Baby & Toddler (0-4yrs)**

**30 minutes, \$9/class or \$70/10 classes**

Beloved child musician, Putnam Lee aka Putnee, plays guitar and harmonica in this interactive music class. Children dance, sing and enact songs, some oldies but goodies and others Putnee originals.

## 1st Thursday Parent Class



**1st Thursday of Every Month, 6pm, 1 hour, Free**

Learn a little something to help strengthen your family and afterwards enjoy the bustling fun and artistic exploration of downtown Santa Barbara's 1st Thursday! Upcoming workshop subjects include teething and dental health, opportunities to encourage sharing and taming the tantrum.

- \* Please pre-register at [www.peanutvine.com](http://www.peanutvine.com) for monthly special events. Refunds for monthly events require a 48 hour cancellation.
- \* Stretch & Grow, Putnee Music and Prenatal Lunch & Learn packs do not have to be used consecutively and do not expire.
- \* Drop-ins are welcome for weekly classes.

# Peanuts

## Maternity & Kids

Peanuts is an innovative store geared towards families from conception to kindergarten. In addition to being a community event hotspot, we're happy to serve as your local maternity and kids store offering maternity, nursing and kids (0-6yrs) clothing, gifts and toys, party supplies and a hand picked selection of consignment maternity and kids clothing.

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